

# Mid-Buchanan R-5

MB Elementary lunch

November 2017 Menu Monthly Cost \$40.85

Sack Choice #1 is PBJ and #2 is Lunchmeat

Monday	Tuesday	Wednesday	Thursday	Friday
		Wed - 11/1/2017 Chicken & Noodles Peas Roll Pineapple Rings Milk Chef Salad Sack #1 Ala- Taco Pizza Veg/Fruit Choices	Thu - 11/2/2017 Mini Corn Dogs Carrots Pear Chocolate Cake Milk Chef Salad Sack #2 Ala- BBQ Rib Veg/Fruit Choices	Fri - 11/3/2017 Salisbury Steak Mashed Potatoes Peach Vanilla Pudding Milk Chef Salad Sack #1 Ala- Stuffed Crust Pizz Veg/Fruit Choices
Mon - 11/6/2017 Tenderloin on Bun Green Beans Mandarin Oranges Choc Chip Cookie Milk Chef Salad Sack #1 Ala- Buffalo Nuggets Veg/Fruit Choices	Tue - 11/7/2017 French Toast Links Juice Hashbrown Milk Chef Salad Sack #2 Ala- Grilled Ck Sandwi Veg/Fruit Choices	Wed - 11/8/2017 Chicken Nuggets Mashed Potatoes Fruit Cocktail Brownie Milk Chef Salad Sack #1 Ala- Hot Dog Veg/Fruit Choices	Thu - 11/9/2017 Chili w/cheese Corn Muffin Strawberry Applesauce Carrot Sticks Milk Chef Salad Sack #2 Ala- Pizza Pockets Veg/Fruit Choices	Fri - 11/10/2017 Round Cheese Pizza Mixed Veggies Orange Wedge Strawberry Shortcake Milk Chef Salad Sack #2 Ala - Bosco Sticks Veg/Fruit Choices
Mon - 11/13/2017 Chicken Fried Steak Mashed Potatoes Blueberry Applesauce Orange Dream Milk Chef Salad Sack #1 Ala- Spicy Chicken Veg/Fruit Choices	Tue - 11/14/2017 Hamburger French Fries Orange Wedge Ice Cream Milk Chef Salad Sack #2 Ala- Mozzarella Sticks Veg/Fruit Choices	Wed - 11/15/2017 Stuffed Crust Pizza Green Beans Pear White Cake Milk Chef Salad Sack #1 Ala- Submarine Sandw Veg/Fruit Choices	Thu - 11/16/2017 Chicken Alfredo Peas Garlic Toast Pineapple Rings Milk Chef Salad Sack #2 Ala- Mini Corn Dogs Veg/Fruit Choices	Fri - 11/17/2017 Popcorn Chicken Carrots Peach Banana Flip Milk Chef Salad Sack #1 Ala-Round Pizza Veg/Fruit Choices
Mon - 11/20/2017 Mini Corn Dogs Hominy Fruit Cocktail Snickerdoodle Milk Chef Salad Sack #1 Ala- Tenderloin Veg/Fruit Choices	Tue - 11/21/2017 Turkey n Gravy Mashed Potatoes Roll Pineapple Rings Pumpkin Dream Milk Chef Salad Sack #2 No Ala Carte	Wed - 11/22/2017 NO SCHOOL	Thu - 11/23/2017 NO SCHOOL	Fri - 11/24/2017 NO SCHOOL
Mon - 11/27/2017 Pepperoni Pizza Green Beans Peach Pudding Milk Chef Salad Sack #1 Ala - Bosco Sticks Veg/Fruit Choices	Tue - 11/28/2017 BBQ Rib Sandwich Coleslaw Mandarin Oranges Snickerdoodle Milk Chef Salad Sack #2 Ala- Popcorn Chicken Veg/Fruit Choices	Wed - 11/29/2017 Spaghetti Corn Garlic Bread Peach Milk Chef Salad Sack #1 Ala-Cheeseburger Veg/Fruit Choices	Thu - 11/30/2017 Chicken Sandwich Carrots Pear Sugar Cookie Milk Chef Salad Sack #2 Ala- Stuffed Crust Pizz Veg/Fruit Choices	Fri - 12/1/2017 Salisbury Steak Mashed Potatoes Applesauce Strawberry Delight Milk Chef Salad Sack #1 Turkey Bacon Burger Veg/Fruit Choices

Happy Thanksgiving!

This school is an equal opportunity provider on menus.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**