

## Mid-Buchanan R-5

## Mid-Buchanan Breakfast

Oct 20, 2017

## November 2017 Breakfast \$1.70

Cereal, Cereal Bar, Poptarts, Donuts, fruits, juices & milks are all daily options

Monday	Tuesday	Wednesday	Thursday	Friday
		Wed - 11/1/2017 Breakfast Bosco Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Thu - 11/2/2017 Pancakes Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Fri - 11/3/2017 Scrambled Eggs Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk
Mon - 11/6/2017 Flatbread Sandwich Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Tue - 11/7/2017 Burrito Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Wed - 11/8/2017 Hashbrown Casserole Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Thu - 11/9/2017 Glazed Donuts Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Fri - 11/10/2017 Biscuits & Gravy Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk
Mon - 11/13/2017 Scrambled Eggs Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Tue - 11/14/2017 Sausage McDragon Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Wed - 11/15/2017 Breakfast Bosco Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Thu - 11/16/2017 Ham & Egg Casserole Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Fri - 11/17/2017 Cheese Omelet Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk
Mon - 11/20/2017 Breakfast Boat Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Tue - 11/21/2017 Breakfast Pizza Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Wed - 11/22/2017 NO SCHOOL	Thu - 11/23/2017 NO SCHOOL	Fri - 11/24/2017 NO SCHOOL
Mon - 11/27/2017 Pigs in a Blanket Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Tue - 11/28/2017 Scrambled Eggs Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Wed - 11/29/2017 Flatbread Sandwich Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Thu - 11/30/2017 Pancakes Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Fri - 12/1/2017 Breakfast Bosco Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk

Happy Thanksgiving!

This school is an equal opportunity provider on menus.

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.