

Mid-Buchanan R-5
MB High/ Jr. School lunch
October 2017 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 10/2/2017 French Toast Sticks Links Juice Hashbrown Milk Chef Salad Ala-Mini Corn Dogs Veg/Fruit Choices	Tue - 10/3/2017 Burrito Corn Mandarin Oranges Snickerdoodle Milk Chef Salad Ala-Spicy Ck Sandwich Veg/Fruit Choices	Wed - 10/4/2017 Chicken Alfredo Peas Garlic Toast Pineapple Rings Milk Chef Salad Ala-Cheeseburger Veg/Fruit Choices	Thu - 10/5/2017 Popcorn Chicken Cooked Carrots Apricots Cherry Cake Milk Chef Salad Ala-BBQ Rib on Bun Veg/Fruit Choices	Fri - 10/6/2017 Tenderloin on Bun Green Beans Applesauce Choc Chip Cookie Milk Chef Salad Ala- Bosco Sticks Veg/Fruit Choices
Mon - 10/9/2017 Mini Corn Dogs Hominy Peach Strawberry Delight Milk Chef Salad Ala- Buffalo Nuggets Veg/Fruit Choices	Tue - 10/10/2017 Round Cheese Pizza Mixed Vegetables Mandarin Oranges Apple Strudel Milk Chef Salad Ala- Grilled Ck Sandwi Veg/Fruit Choices	Wed - 10/11/2017 Hamburger French Fries Fruit Cocktail Ice Cream Milk Chef Salad Ala-Hot Dogs Veg/Fruit Choices	Thu - 10/12/2017 Chili w/cheese Corn Muffin Orange Wedge Carrot Sticks Cheese Stick Milk Chef Salad Ala-Spicy Popcorn Chi Veg/Fruit Choices	Fri - 10/13/2017 Chicken Nuggets Cheesy Potatoes Pear Dirt with Worms Milk Chef Salad Ala- Mozzarella Sticks Veg/Fruit Choices
Mon - 10/16/2017 Mac & Cheese Casser Green Beans Pineapple Rings Sugar Cookie Milk Chef Salad Ala- Turkey Bacon Bur Veg/Fruit Choices	Tue - 10/17/2017 Popcorn Chicken Cooked Carrots Pear Spice Cake Milk Chef Salad Ala-Tenderloin Veg/Fruit Choices	Wed - 10/18/2017 Chicken Sandwich Peas Fruit Cocktail Sherbert Milk Chef Salad Ala- Pizza Pockets Veg/Fruit Choices	Thu - 10/19/2017 Stuffed Crust Pizza Mixed Vegetables Peach Strawberry Shortcake Milk Chef Salad Ala- Mozzarella Sticks Veg/Fruit Choices	Fri - 10/20/2017 NO HS/JH 12:00 Out
Mon - 10/23/2017 Pancakes Links Juice Yogurt Parfait Milk Chef Salad Ala-Spicy Ck Sandwich Veg/Fruit Choices	Tue - 10/24/2017 Cheeseburger French Fries Mandarin Oranges Sugar Cookie Milk Chef Salad Ala-Polish Sausage Veg/Fruit Choices	Wed - 10/25/2017 Spaghetti Corn Garlic Bread Peach Milk Chef Salad Ala-Mini Corn Dogs Veg/Fruit Choices	Thu - 10/26/2017 Chicken Fried Steak Mashed Potatoes Pineapple Rings Brownie Milk Chef Salad Ala- Bosco Sticks Veg/Fruit Choices	Fri - 10/27/2017 NO SCHOOL
Mon - 10/30/2017 NO SCHOOL	Tue - 10/31/2017 Pepperoni Pizza Green Beans Fruit Cocktail Banana Flip Milk Chef Salad Ala-Cheeseburger Veg/Fruit Choices	Wed - 11/1/2017 Chicken & Noodles Peas Roll Pineapple Rings Milk Chef Salad Ala- Taco Pizza Veg/Fruit Choices	Thu - 11/2/2017 Mini Corn Dogs Cooked Carrots Pear Chcolate Cake Milk Chef Salad Ala-BBQ Rib on Bun Veg/Fruit Choices	Fri - 11/3/2017 Salisbury Steak Mashed Potatoes Peach Vanilla Pudding Milk Chef Salad Ala-Stuffed Crust Pizza Veg/Fruit Choices

SHOW YOUR DRAGON PRIDE!!!!
 This school is an equal opportunity provider on menus.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.
 * - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.