

Mid-Buchanan R-5

MB Elementary lunch

Sep 27, 2017

October 2017 Menu Monthly Cost \$43.00
Sack Choice #1 is PBJ and #2 is Lunchmeat

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|--|
| Mon - 10/2/2017 French Toast Links Juice Hashbrown Milk Chef Salad Sack #1 Ala- Mini Corn Dogs Veg/Fruit Choices | Tue - 10/3/2017 Burrito Corn Mandarin Oranges Snickerdoodle Milk Chef Salad Sack #2 Ala- Spicy Chicken Veg/Fruit Choices | Wed - 10/4/2017 Chicken Alfredo Peas Garlic Toast Pineapple Rings Milk Chef Salad Sack #1 Ala-Cheeseburger Veg/Fruit Choices | Thu - 10/5/2017 Popcorn Chicken Carrots Apricots Cherry Cake Milk Chef Salad Sack #2 Ala- BBQ Rib Veg/Fruit Choices | Fri - 10/6/2017 Tenderloin on Bun Green Beans Applesauce Choc Chip Cookie Milk Chef Salad Sack #1 Ala - Bosco Sticks Veg/Fruit Choices |
| Mon - 10/9/2017 Mini Corn Dogs Hominy Peach Strawberry Delight Milk Chef Salad Sack #1 Ala- Buffalo Nuggets Veg/Fruit Choices | Tue - 10/10/2017 Round Cheese Pizza Mixed Veggies Mandarin Oranges Apple Studel Milk Chef Salad Sack #2 Ala- Grilled Ck Sandwi Veg/Fruit Choices | Wed - 10/11/2017 Hamburger French Fries Fruit Cocktail Ice Cream Milk Chef Salad Sack #1 Ala- Hot Dog Veg/Fruit Choices | Thu - 10/12/2017 Chili w/cheese Corn Muffin Orange Wedge Carrot Sticks Cheese Stick Milk Chef Salad Sack #2 Ala- Spicy Popcorn Ck Veg/Fruit Choices | Fri - 10/13/2017 Chicken Nuggets Cheesy Potatoes Pear Dirt with Worms Milk Chef Salad Sack #1 Ala- Mozzarella Sticks Veg/Fruit Choices |
| Mon - 10/16/2017 Mac & Cheese Casser Green Beans Pineapple Rings Sugar Cookie Milk Chef Salad Sack #1 Turkey Bacon Burger Veg/Fruit Choices | Tue - 10/17/2017 Popcorn Chicken Carrots Pear Spice Cake Milk Chef Salad Sack #2 Ala- Tenderloin Veg/Fruit Choices | Wed - 10/18/2017 Chicken Sandwich Peas Fruit Cocktail Sherbert Milk Chef Salad Sack #1 Ala- Pizza Pockets Veg/Fruit Choices | Thu - 10/19/2017 Stuffed Crust Pizza Mixed Veggies Peach Strawberry Shortcake Milk Chef Salad Sack #2 Ala- Burrito Veg/Fruit Choices | Fri - 10/20/2017 Cheese Enchiladas Corn Orange Wedge Snickerdoodle Milk Chef Salad Sack #1 NO Ala 12:00 Dismissa |
| Mon - 10/23/2017 Pancakes Links Juice Yogurt Parfait Milk Chef Salad Sack #1 Ala- Spicy Chicken Veg/Fruit Choices | Tue - 10/24/2017 Cheeseburger French Fries Mandarin Oranges Sugar Cookie Milk Chef Salad Sack #2 Ala- Polish Sausage Veg/Fruit Choices | Wed - 10/25/2017 Spaghetti Corn Garlic Bread Peach Milk Chef Salad Sack #1 Ala- Mini Corn Dogs Veg/Fruit Choices | Thu - 10/26/2017 Chicken Fried Steak Mashed Potatoes Pineapple Rings Brownie Milk Chef Salad Sack #2 Ala - Bosco Sticks Veg/Fruit Choices | Fri - 10/27/2017 NO SCHOOL |
| Mon - 10/30/2017 NO SCHOOL | Tue - 10/31/2017 Pepperoni Pizza Green Beans Fruit Cocktail Banana Flip Milk Chef Salad Sack #2 Ala-Cheeseburger Veg/Fruit Choices | Wed - 11/1/2017 Chicken & Noodles Peas Roll Pineapple Rings Milk Chef Salad Sack #1 Ala- Taco Pizza Veg/Fruit Choices | Thu - 11/2/2017 Mini Corn Dogs Carrots Pear Chcolate Cake Milk Chef Salad Sack #2 Ala- BBQ Rib Veg/Fruit Choices | Fri - 11/3/2017 Salisbury Steak Mashed Potatoes Peach Vanilla Pudding Milk Chef Salad Sack #1 Ala- Stuffed Crust Pizz Veg/Fruit Choices |

SHOW YOUR DRAGON PRIDE!!!!
This school is an equal opportunity provider on menus.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.
* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.