

Mid-Buchanan R-5
Mid-Buchanan Breakfast
October 2017 Breakfast \$1.70

Sep 27, 2017

Cereal, Cereal Bar, Poptarts, Donuts, fruits, juices & milks are all daily options

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 10/2/2017 Flatbread Sandwich Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Tue - 10/3/2017 Cheese Omelet Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Wed - 10/4/2017 French Toast Sticks Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Thu - 10/5/2017 Apple Fritter Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Fri - 10/6/2017 Biscuits & Gravy Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk
Mon - 10/9/2017 Bagel Stick Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Tue - 10/10/2017 Ham & Egg Casserole Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Wed - 10/11/2017 Cinnamon Roll Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Thu - 10/12/2017 Pigs in a Blanket Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Fri - 10/13/2017 Breakfast Bosco Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk
Mon - 10/16/2017 Glazed Donuts Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Tue - 10/17/2017 Breakfast Boat Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Wed - 10/18/2017 Sausage McDragon Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Thu - 10/19/2017 Scrambled Eggs Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Fri - 10/20/2017 Burrito Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk
Mon - 10/23/2017 Apple Fritter Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Tue - 10/24/2017 Pigs in a Blanket Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Wed - 10/25/2017 Hashbrown Casserole Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Thu - 10/26/2017 Cheese Omelet Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Fri - 10/27/2017 NO SCHOOL
Mon - 10/30/2017 NO SCHOOL	Tue - 10/31/2017 Breakfast Pizza Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Wed - 11/1/2017 Breakfast Bosco Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Thu - 11/2/2017 Pancakes Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Fri - 11/3/2017 Scrambled Eggs Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk

SHOW YOUR DRAGON PRIDE!!!!
This school is an equal opportunity provider on menus.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.