

## Mid-Buchanan R-5

Mid-Buchanan Breakfast

Jul 30, 2019

August 2019 \$20.40

Cereal,fruit,juice &amp; milk daily option

Students arriving after 7:50 am will get a Sack Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
			Thu - 8/15/2019 Breakfast Pizza Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Fri - 8/16/2019 Pancake w/ Syrup Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk
Mon - 8/19/2019 Glazed Donuts Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Tue - 8/20/2019 Sausage Biscuit Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Wed - 8/21/2019 Cinnamon Roll Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Thu - 8/22/2019 Cinnamon Bagel Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Fri - 8/23/2019 Burrito Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk
Mon - 8/26/2019 Pigs in a Blanket Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Tue - 8/27/2019 Biscuits & Gravy Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Wed - 8/28/2019 French Toast Sticks Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Thu - 8/29/2019 Fruit Pizza Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk	Fri - 8/30/2019 Breakfast Taco Cereal Choices Cereal Bar Choices Fruit Choices Mini Donuts Poptarts Side Choices Milk

WELCOME BACK..!!! WE MISSED YOU..!!!  
This school is an equal opportunity provider on menus.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**